




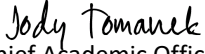



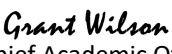
Syllabus
PSYC 1810
Introduction to Psychology
2023

Committee Members:

Emily Mach, Central Community College
Edie Sample, Metropolitan Community College
Courtney Johnston, Mid-Plains Community College
Misty Wortman, Northeast Community College
Joseph Flores, Southeast Community College
Jackie Cawiezel, Western Nebraska Community College
N/A, Little Priest Tribal College
N/A, Nebraska Indian Community College

Facilitator: Joseph Flores

The Institution agrees to the contents in this syllabus including course prefix, number, course description and other contents of this syllabus.

 Chief Academic Officer, Central Community College	04/04/2023	Adopt
 Chief Academic Officer, Little Priest Tribal College	03/23/2023	Adopt
 Chief Academic Officer, Metropolitan Community College	04/03/2023	Decline
 Chief Academic Officer, Mid-Plains Community College	03/23/2023	Adopt
 Chief Academic Officer, Nebraska Indian Community College	03/24/2023	Adopt
 Chief Academic Officer, Northeast Community College	03/23/2023	Adopt
 Chief Academic Officer, Southeast Community College	04/06/2023	Adopt
 Chief Academic Officer, Western Nebraska Community College	03/23/2023	Adopt



I. CATALOG DESCRIPTION

PSYC 1810

Introduction to Psychology

Prerequisite: None

Catalog Description: An introduction to the science of behavior and mental processes including the application of critical thinking to the study of learning theory, memory, personality, growth and development, biological and neurological aspects, abnormal behavior, therapies, intelligence, motivation, emotion, sensation, perception, and theoretical perspectives.

3.0 semester hours/4.5 quarter hours

Contact hours per semester: 45

II. COURSE OBJECTIVES/COMPETENCIES

The course will:

1. Explore psychological terminology and concepts and identify the various disciplines within the field.
2. Introduce scientific research methods and ethical principles.
3. Illustrate the scientific application of psychology and how the major psychological principles and theories can be applied to real life situations.
4. Provide for the critical examination and evaluation of psychological concepts, methods, and theories.
5. Examine the interaction of bio-psycho-social processes as related to behavior and mental processes.
6. Offer opportunities for the examination of the impact of multicultural factors on the self and others.

III. STUDENT LEARNING OUTCOMES:

Students will be able to:

1. Compare theoretical perspectives of psychology.
2. Summarize the goals, methods, and ethics of psychological research.
3. Explain how physiology affects behavior and mental processes.
4. Differentiate physical, cognitive, and social development over the lifespan.
5. Examine aspects of sensation and perception
6. Apply examples of learning theories and their components
7. Describe different models of memory.
8. Describe how intelligence is defined, measured, and interpreted.
9. Describe the theories and processes associated with motivation and emotion.
10. Identify and explain aspects of personality.
11. Distinguish between major psychological disorders and therapies.
12. Recognize the nature and states of consciousness.
13. Analyze how stress influences health.
14. Examine how social situations influence human behavior and mental processes.

IV. COURSE CONTENT/TOPICAL OUTLINE

1. Learning Theory
2. Memory
3. Personality
4. Growth and Development
5. Biological and Neurological Aspects
6. Abnormal Behavior & Therapies
7. Intelligence
8. Motivation
9. Emotion
10. Sensation and Perception
11. Theoretical Perspectives
12. Research Methods
13. States of Consciousness
14. Health and Stress
15. Social Psychology

V. INSTRUCTIONAL MATERIALS

Suggested Required Texts: (The final selection of one of the following textbooks is at the discretion of the instructor.)

Psychology, Rathus
Psychology, Myers and DeWall
Psychology, Licht, Hall and Ballantyne
Real World Psychology, Sanderson and Huffman
Essentials of Psychology Concepts and Application, Nevid
Essentials of Psychology, Bernstein
Essentials to Understanding Psychology or Understanding Psychology, Feldman
Mastering the World of Psychology, Wood, Wood, and Boyd
Psychology: An Exploration, Ciccarelli and White
Psychology (current edition), Openstax, Rice University, Spielman, Jenkins, and Lovett

VI. METHODS OF PRESENTATION

Instructors should make use of varied pedagogical techniques including several of the following: lectures, small and large discussion groups, collaborative projects, research, essays, technology-based instruction, multimedia and/or field trips.

VII. METHODS OF EVALUATION

Course grades, at the determination of the instructor, will be based on class and group participation, daily work, exams, presentations, projects, papers, and/or a portfolio. Written assignments following the APA format are suggested. The instructor will distribute and discuss evaluation and her/his grading policies with students at the beginning of each term.

VIII. SPECIFIC COURSE REQUIREMENTS

Content and schedule determined by instructor.